

How can I start the Erectile Dysfunction (ED) Discussion with my Healthcare Provider?



Your doctor will understand, you can start with any of these simple questions

"My sex life
isn't all that
it could be.
What do I do?"

"I am having
problems with my
erections. Can
this be treated?"

"I think I
might have ED.
What can I
do about it?"



Take the first step and
talk to your doctor



Important Safety Information and Indication

Do not take VIAGRA if you:

- take any medicines called nitrates, often prescribed for chest pain, or guanylate cyclase stimulators like Adempas (riociguat) for pulmonary hypertension. Your blood pressure could drop to an unsafe level
- are allergic to sildenafil, as contained in VIAGRA and REVATIO, or any of the ingredients in VIAGRA

Discuss your health with your doctor to ensure that you are healthy enough for sex. If you experience chest pain, dizziness, or nausea during sex, seek immediate medical help.

VIAGRA can cause serious side effects. Rarely reported side effects include:

- an erection that will not go away (priapism). If you have an erection that lasts more than 4 hours, get medical help right away. If it is not treated right away, priapism can permanently damage your penis

Please see additional Important Safety Information and Indication on the next page. Click here for [Full Prescribing Information](#) and [Patient Information](#).

Help Make the Most of Your ED Talk

By asking questions about ED, you can help your doctor get the information he or she needs to find out if treatment is right for you

- What could be causing my ED symptoms? (medications or medical conditions)
- Can ED be a sign of a more serious medical condition?
- Could smoking and/or alcohol be causing my ED?
- Could lifestyle changes, like diet and exercise, help my ED?
- Do I have to talk to a specialist, like a urologist?
- Would medication help me?



Your doctor may ask you questions about the following



- Nature of your erectile difficulties
- Medical conditions that affect you or your family
- Medications you are taking
- Surgery/injuries to the pelvic area or prostate problems
- Lifestyle choices and recent relationship changes

ED can have many causes.

To diagnose ED, your doctor will take your medical history and perform a physical exam. Your doctor may also order blood and urine tests plus an ultrasound.

Important Safety Information and Indication (continued)

VIAGRA can cause serious side effects. Rarely reported side effects include: (continued)

- sudden vision loss in one or both eyes.** Sudden vision loss in one or both eyes can be a sign of a serious eye problem called non-arteritic anterior ischemic optic neuropathy (NAION). Stop taking VIAGRA and call your healthcare provider right away if you have any sudden vision loss
- sudden hearing decrease or hearing loss.** Some people may also have ringing in their ears (tinnitus) or dizziness. If you have these symptoms, stop taking VIAGRA and contact a doctor right away

Before you take VIAGRA, tell your healthcare provider if you:

- have or have had heart problems such as a heart attack, irregular heartbeat, angina, chest pain, narrowing of the aortic valve, or heart failure
- have had heart surgery within the last 6 months

Please see additional Important Safety Information and Indication on the next page. Click here for [Full Prescribing Information](#) and [Patient Information](#).

Important Safety Information and Indication (continued)

Before you take VIAGRA, tell your healthcare provider if you: (continued)

- have pulmonary hypertension
- have had a stroke
- have low blood pressure, or high blood pressure that is not controlled
- have a deformed penis shape
- have had an erection that lasted for more than 4 hours
- have problems with your blood cells such as sickle cell anemia, multiple myeloma, or leukemia
- have retinitis pigmentosa, a rare genetic (runs in families) eye disease
- have ever had severe vision loss, including an eye problem called NAION
- have bleeding problems
- have or have had stomach ulcers
- have liver problems
- have kidney problems or are having kidney dialysis
- have any other medical conditions

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

VIAGRA may affect the way other medicines work, and other medicines may affect the way VIAGRA works, causing side effects. Especially tell your healthcare provider if you take any of the following:

- medicines called nitrates
- medicines called guanylate cyclase stimulators such as Adempas (riociguat)
- medicines called alpha-blockers, such as Hytrin (terazosin HCl), Flomax (tamsulosin HCl), Cardura (doxazosin mesylate), Minipress (prazosin HCl), Uroxatral (alfuzosin HCl), Jalyn (dutasteride and tamsulosin HCl), or Rapaflo (silodosin). Alpha-blockers are sometimes prescribed for prostate problems or high blood pressure. In some patients, the use of VIAGRA with alpha-blockers can lead to a drop in blood pressure or to fainting
- medicines called HIV protease inhibitors, such as ritonavir (Norvir), indinavir sulfate (Crixivan), saquinavir (Fortovase or Invirase), or atazanavir sulfate (Reyataz)
- some types of oral antifungal medicines, such as ketoconazole (Nizoral) and itraconazole (Sporanox)
- some types of antibiotics, such as clarithromycin (Biaxin), telithromycin (Ketek), or erythromycin
- other medicines that treat high blood pressure
- other medicines or treatments for ED
- VIAGRA contains sildenafil, which is the same medicine found in another drug called REVATIO. REVATIO is used to treat a rare disease called pulmonary arterial hypertension (PAH). VIAGRA should not be used with REVATIO or with other PAH treatments containing sildenafil or any other PDE5 inhibitors (such as Adcirca [tadalafil])

VIAGRA does not protect against sexually transmitted diseases, including HIV.

The most common side effects of VIAGRA: headache; flushing; upset stomach; abnormal vision, such as changes in color vision (such as having a blue color tinge) and blurred vision; stuffy or runny nose; back pain; muscle pain; nausea; dizziness; rash.

Indication

VIAGRA (sildenafil citrate) is prescription medicine used to treat erectile dysfunction (ED).

VIAGRA is not for women or children.

[Click here for Full Prescribing Information and Patient Information.](#)